

POSSIBILITIES FOR FAMILIES

What is the Possibilities Program?

The Possibilities Program is a collaboration between TST BOCES and Racker. Possibilities provides outreach and support to students and families in crisis, experienced trauma or who may be going through a difficult transition who are best served by additional supports for the family and home district. Possibilities can provide this support to the home school, students and their families in grades K-12 via an innovative continuum of care.

The Possibilities Team includes licensed clinical social workers, teachers and youth development specialists.

Who is eligible for support and how can we access Possibilities services?

Possibilities resources are available to participating districts in the TST BOCES region. Both general education and special education students are eligible to participate. Referrals for student support must come through the student's home school, and both the family and school need to fill out the referral to get started.

What can we expect once the district has sent in a referral?

Your referral will be sent to our director who will review the referral and reach out to both your family and school to review. Together you will start to determine what types of support your family, student, and school may require and if the family would like access to any of the support services available. A consent packet will be sent to the family to review. Once we receive the consent packet back, one of our Possibilities Specialists will be assigned to work with the family. Typically, from the time we receive your referral to when you can expect a call is about one week. Once we receive the consent signatures you should hear from a specialist within 2 days to set up an initial meeting at your convenience at a location of your choice.

What kinds of things can Possibilities help us with?

We can help Families and Students by helping:

- Address student and family basic needs such as housing, food and medical care through referrals to community resources and natural community supports
- To increase academic engagement
- Making connections to community mental health support
- Work with students on social and emotional skill development
- Help students with executive functioning skills (adaptable thinking, planning, self-monitoring, self-control, working memory, time management, and organization)
- Making connections to recreational engagement and community support
- Developing culturally appropriate mentorship/adult support

How much is my family involved?

Families are at the center of our work and your participation is critical to the success of your child. You are involved from the start. We are 100% voluntary. You may withdraw from the program or request services be stopped at any time. We are here to help you!

How do I learn more about the program?

If you would like to know more about the program or have questions, contact Cathryn Sellers, Possibilities Program Director at cathryns@racker.org or 607-257-1551 ext. 5046.