POSSIBILITIES PROGRAM

2022-23

CONSULTATION/PROFESSIONAL DEVELOPMENT REQUEST

Please scan/email the completed form to Cathryn Sellers, Possibilities Program Director at [cathryns@racker.org](mailto:cathryns@racker.org)

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| **Person Completing Request:** | | **Role:** |
| **Phone:** | **Email:** | |

**Reason for Consult Request:**

* Lamplight Consultations: Participating schools can request an on-site/virtual consultation to explore new approaches and resources to support a student who may be struggling with social and /or emotional challenges that interfere with school success. Consultations may happen independently or with parent input. Consultations are targeted, specific and site-based. \**Please note if information is to be shared with us that falls under HIPPA/FERPA protection, we will require our normal consents and ROI’s.*
* Onsite Strengths-Based Observations of classrooms, grade levels and/or schools: Possibilities Specialist can observe a classroom, grade level or any school setting and then share insights with the school team through a solution focused approach. A Possibilities Specialist will work collaboratively with school teams to develop new strategies to inspire positive change.
* Whole School/District Collaborative Planning to Support Positive School Culture: Possibilities staff can support a collaborative, solutionfocused planning process to create and/or support learning environments that are traumaresponsive, restorative, and resilient. These consultations can be with administrative teams, classroom teams, grade levels or school-wide in scope.
* Possibilities Office Hours: Possibilities Specialists can be available for single or regularly scheduled meetings for support and consultation on a regular basis. This could be district-wide or buildingfocused.
* Professional Development: Possibilities staff offer training and capacity-building on a variety of topics including Trauma- Responsive Education, Building Resilient Classrooms and Schools in Challenging Times, Staff Self-Care and Resilience, Mindfulness in the Classroom, Solution-Focused Methods for Schools, Suicide Awareness, Prevention and Postvention as well as site-specific needs identified by the district. We continue to expand and grow our services to meet district needs and other training can be developed as needed
  + Individualized Training
  + Learning Communities (4–6-week series on-site series):

**Please provide details on your specific need:**

Please contact Cathryn Sellers, Possibilities Program Director at 607-257-1551 ext. 5046 with any questions.