

CSN General Meeting

November 14, 2017

TST BOCES

9-10:30am

In Attendance: Margo Polikoff, Cathy Sinnott, Margie Shaw, Nora Rucker, Amy Jo DeKoeyer, Renee Hettich, Kris Bennett, Bev Chin, Ted Schiele, Sally Manning, Elizabeth Wolff, Rebecca Cogan, Serena Ward, Jaydn McCune, Linda Cimasky-Barr, Wendy Gutman

The CSN Promise Statement was read aloud and everyone introduced themselves and shared the name of someone who inspires/motivates them in their life or work.

Review of Leadership Survey (Survey Monkey):

- 56% chose a Leadership HUB of 3-4 people
- 63% felt we should determine which stakeholders should be represented and recruit for HUB membership
- One person volunteered to be on the HUB

Discussion: How do we determine representation on the HUB? Diversity of experience rather than agency. Consider current issues to build HUB around? Suggested representation included mental health, education, social services, family, community agency, academics, public agency. Cathy Sinnott, Elizabeth Wolff and Jaydn McCune will meet to hash out details.

Subgroup Sharing:

De-Stigma has met once and is recruiting to help with an event in the Spring.

Resource Mapping has been talking about what the interfaces are with the broader community. Who would want info and what's the best way to get it? They have done some reorganization of the CSN website. The group will meet again on November 28th.

Family Support has discussed the potential for Community Cafes and support for foster/adoptive/kinship families. Elizabeth will set up the next meeting for some time in December.

School Avoidance Summit: Cathy and Tamie Pushlar met recently to discuss issues around anxiety/absenteeism. Previously Judy Hoffmann created plans with families (Alternative Educational Plan), but the challenge is how to get youth back to school. Students are only identified after a significant number of absences. A summit will be held around these issues March 7th from 2-5pm at Racker Centers, Wilkins Rd. The hope is that action steps and possibly working groups will come out of the summit. Anyone interested in helping to plan the summit should contact Cathy or Tamie.

Networking/Community Announcements

- Ted Schiele spoke about the Community Health Improvement Plan and that one of the priorities is to promote mental health and prevent substance abuse. A plan was submitted to the state

last January. Feedback has been received and a steering committee has been established. The committee met once to assess the project. There will be more updates in January. Ted also shared that there will be a public hearing in Dryden around a law that would prohibit tobacco use in parks. It's important for people to come to the meeting to share their views.

- Bev Chin shared that open enrollment for health insurance runs November 1-January 31. The Health Planning Council will be doing a presentation in May on mental health and substance abuse and is looking for ideas on the presentation.
- Cathy announced that Ithaca High School is developing a Narcan policy. There will be a community forum to receive feedback.
- Sally Manning talked about the ongoing CARE Team facilitator training. The first day of training was in October and the second day is happening this week. The training has two tracks in which participants can either become a facilitator or introduce more solution focused meetings into their work. There will be a second round of training in the Winter/early Spring. If interested, contact Sally, Jaydn, Tamie, Serena or Tina.
- Linda Cimasky-Barr shared information about the Tot Spot at the Ithaca Youth Bureau. Tot Spot is an indoor stay and play space for young children and their caregivers throughout the winter months.
- Wendy Gutman raised concerns around social media and youth. She is interested in exploring resources and hearing other's experiences. Connect with Wendy if interested in exploring this topic with her.
- Anna Steinkraus announced the screening of the film "Resilience" on Friday at 5pm at The Space. There will be tabling of resources prior to the screening and a community discussion after the screening.
- Amy Jo DeKoeper talked about the 24th Annual Depression Conference taking place on November 28th from 9-3:30 at the Tompkins County Public Library (Borg Warner room). The conference is called "Paths to Discovery". To register: www.ithaca.edu/agingworkshops/depconf/
- Renee Hettich spoke about the recent completion of the first parenting series by the Adoptive and Foster Family Coalition. A new series about parenting around trauma will be starting on April 7th at GIAC.
- Serena Ward shared about the Family Navigators ongoing book club open to any parents of children who struggle. The group is currently reading, "The Elephant in the Play Room". Participants are not required to read the book and anyone may join at any time.

Evaluations:

11 individuals completed the evaluation. All either agreed or strongly agreed that the meeting was well planned, organized and well facilitated. Regarding clear actions steps resulting from the meeting, one person responded neutrally while all others either agreed or strongly agreed.

Some things I really appreciated about the meeting are... planned coordination of the meeting, community announcements, opportunities to share, collaborative leadership, this is a great group of people who are otherwise not in my job circle and I admire them and their work, clarification on working groups, I always hear something helpful, input from community resources, warmth and attentiveness of members.

Some things that concerned me about the meeting include... lack of attendance, how to reach those who could not/did not attend, logistics related to venue were challenging, maybe folks aren't that jazzed up about the existing work groups, time perhaps to reassess the topics and interest, inconsistent attendance but not unique to this group.