

CSN General Meeting

April 11, 2017

9-10:30am

Cornell Cooperative Extension

In Attendance: Amber Denman, Serena Ward, Frances Mulberry, Alexandra Tharp, Jacob Parker Carver, Jennifer Gray, Tommy Miller, Sally Manning, John Mazzello, Anna Steinkraus, Cathy Sinnott, Trisha Wil

Community Announcements/Networking:

Ted shared that on Tuesday (April 18th) there will be a public hearing about raising the minimum age for purchasing tobacco from 18 to 21. The hearing is at 5:30pm. If you are unable to attend the hearing, you can send an email or write a letter to Tompkins County Legislature. Links can be found at tompkinscountyny.gov.

Elizabeth Wolff shared information about Community Dinners being held on the third Tuesday of each month at Groton Public Library in conjunction with Community Cafes.

Kris Bennett shared that the summer camp guide has been released with an enhanced online experience. In addition there will be a medication collection on April 29th from 10-2 at the Slaterville Fire House.

Anna Steinkraus shared that the ECDC (Early Childhood Development Collaborative) and CCE (Cornell Cooperative Extension Tompkins County) are currently interviewing pregnant women and new moms to understand what's important and what's missing in their prenatal experience. They are working to put this survey online. In addition there will be a parenting class starting soon at GIAC.

Kathy Sinnott shared that she is the new ICSD coordinator of health services and wellness.

Tommy Miller shared that he just finished a two and a half day workshop on undoing racism. Contact Tommy if interested in more info.

Tina Hallock shared that the Family Navigators have been holding family meetings/support groups around the book, "Shut Up About Your Perfect Kid." This is loosely being called a book club and anyone is welcome to join in at any time. Free books are available for all. The next meetings will be April 28th at 8am at BJM Elementary School or May 4th at 6pm at the Signworks conference room. For more info contact Serena at 607-592-0486 or serenaw@rackercenters.org.

Challenge is gearing up for their summer youth program. They are working with students coming through Access VR and TANF grant (those with economic need). They also refer out to other organizations if the student is not a good fit for Challenge. To be part of the summer youth program, the youth needs to be able to get to and from the job site, but can do travel training to support this. There will also be a weekly summer class (for 16-20 year olds) to learn additional soft skills.

April 17th will be the last night of the Community Read. It will be held at BJM and there are still books available.

Kris shared that the Community Coalition for Healthy Youth survey data is back. 20% of Tompkins County Youth grades 7-12 have felt that life was not worth it within the last 30 days. Presentations about the data are available for those interested.

Jaydn commented that 6-7 years ago an effort was made to connect ICSD administrators and DSS workers. The need for this appears to be emerging again.

Anna shared that she and Elizabeth are going to Tioga County to lead a training on Standards of Quality through Strengthening Families. This will be repeated in October. In addition there will be an overview of the Protective Factors Framework at an upcoming Coalition for Families.

The Mental Health Association (MHA) is beginning their next Mental Health First Aid training. This one will focus on helping youth.

The MHA is also hosting an author who has written on Mental Health in partnership with the Sophie Fund and Buffalo Street Books. This will take place at Buffalo Street Books on April 30th at 2pm.

The 5th annual MHA Carnival will be held on May 6th at the Henry St. John Building. There will be resource tabling, live music, food and prizes.

April 23rd is the duck race. Tabling can happen for this or people could potentially join with CCE to table.

April is National Prevent Child Abuse Month.

April 22nd from 4-8 is Believe in Love on the Commons. There will be live music and guest speakers.

HUB Discussion: The HUB has turned into a team that creates an agenda and makes decisions about email and the website. Systems of Care all run differently. Is everyone OK with keeping the HUB at 4 people or should we go back to around 7 people?

- We could continue with the small group and put energy into getting the working groups going
- Continue in this way and revisit in the future
- People can continue to express interest in the HUB
- There may be energy from each of the groups to want to connect and lead back to the HUB
- HUB can hold vision and ideas
- We need to do a better job of going to the families
- Keep inviting the families. Invite families to your meetings at your agencies
- Working groups are a good entry point for families
- We need to bridge the gap between human services and the faith community
- Publicize HUB meetings and working group meetings

At this point we broke off into smaller workgroups to determine a good meeting time for everyone. The three working groups are as follows:

- **Resource Mapping**
- **Destigmatization**
- **Family Support/Family Voice**

Next meeting: The next meeting will be held on June 13th with a potential theme of self-care.

Evaluations: There were 16 evaluations completed. All but two respondents either agreed or strongly agreed that the meeting was well planned and organized, well facilitated and that there were clear action steps resulting from this meeting. One respondent was neutral and one disagreed with all three statements. Comments:

Some things I really appreciated about the meeting are... open nature and easy discussion, representation of different groups – would like to see that grow, the collaboration and mutual respect between the people present, connecting with local agencies, chance to network, focus on important issues, updates, sharing – always valuable – I would suggest asking all to keep their comments to a minute so more can speak, ideas for self-care in our next meeting, discussion and actually starting our groups, not introducing ourselves by role/agency, it was structured but not too structured, I think it was a good platform for everyone to have a voice, conversation easily conveyed, big chunk of time sharing, great HUB dialogue

Some things that concerned me about the meeting include... There are lots of collaborative groups – groups related to youth and families. It would be nice to know what separates this group from others – goal of the group. Would like a list of attendees and their agency for further connection. Too much announcing of events – would be better to have list of events or email.

Other comments: I would like to return. Thank you!